



## Galiyaay Aboriginal Careers Expo

On the 9<sup>th</sup> of October, 12 students met with Mrs Beasley and Mr Pauley early on Bowral Station to travel to the Galiyaay Aboriginal Careers Expo held at Redfern Community Centre. For some students, it was the first time they had travelled on a train.

Galiyaay is a Wiradjuri word meaning 'to climb'. Upon arriving at the Expo, students were directed to the 14 different exhibitors representing Universities, TAFE colleges, TeachNSW, employment agencies, group training agencies, apprenticeship centres, and disability services providers. There was lots of information to collect and lots of other goodies, such as pens, lanyards, flag pins, lollies and key rings.



Afterwards, they filled up on sausage sandwiches in the park and participated in interactive displays by Fire & Rescue NSW and Taronga Zoo.



After lunch, the group took a walking tour of the Eveleigh Railway Workshops and along the main streets of Redfern, which happily coincided with the victory parade by the South Sydney Rabbitohs in an open top double decker bus.



The students were fine representatives for Bowral High School throughout the entire day, and were complimented on by members of the public to the accompanying teachers.

**Mrs Beasley - Careers Advisor**

## Speak Act Lead – Helping Hands & The 40 Day Kindness Project (40DayKP)

At the end of last term more than 70 Year 7 students along with 40 students mentors in Year 8, 9 and 10 participated in the 2014 Speak Act Lead (SAL) Program. This student leadership program, which empowers students to make a positive difference in the world, was launched at Wooglemai Environmental Education Centre in two over night camps late last term.



The SAL project centred on a kindness project and the students, as a global act of kindness, made 20 prosthetic hands for landmine victims around the world (through the Helping Hands Program).

Since then they have been asking teachers, students and families to sponsor the prosthetic hands. Kangaloon and Bowral Primary Schools, and the Bowral Primary String group have sponsored the purchase of 3 hands already.

*Nick Rheinberger from ABC Illawarra interviewing our students; our project is receiving wide media coverage.*

If you would like to make a financial contribution to the project please contact Mr Staats at Bowral High School. The cost of a prosthetic hand is \$270. The sponsor's photograph and message can be included with the hand (at no cost) to the recipient.

We are enormously proud of the achievements of Year 7 in this Kindness Project and thank all our teachers and older students who have supported Speak Act Lead.



*One of our Year 7 teams with a finished hand – they are ready to visit and seek sponsorship*

Act

**John Staats**



## Lockers

The Bowral High School P&C has assisted the school in purchasing a number of lockers for students. Students are able to purchase the use of a locker via their VIVO points. The cost is \$45 per annum and 500 Vivo points. A permission / application note can be obtained from the front office and payment made at the finance office. The lockers are located in F block and in E39 block (seniors only) top floor near the Careers office.

These lockers are currently only available to year 12, however, after the financial rollover towards the end of the year they will be open to years 7 - 11. F block lockers are prioritised for Art students.

**2014-2015**

## NSW Family Energy Rebate

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### Some Calendar Dates for Term 4 2014

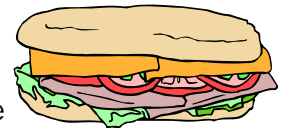
Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 4</b>	<b>27 October</b> HSC Exams	<b>28 October</b> HSC Exams	<b>29 October</b> HSC Exams	<b>30 October</b> HSC exams Lego Robotics	<b>31 October</b> HSC exams
<b>Week 5</b>	<b>3 November</b> HSC Exams Vaccinations	<b>4 November</b> HSC Exams	<b>5 November</b> HSC Exams	<b>6 November</b> HSC Exams Regional Girls Cicket Trials Yr 7 Taronga Zoo	<b>7 November</b> HSC Exams Marine Studies Exc
<b>Week 6</b>	<b>10 November</b> Soc & Culture Exc	<b>11 November</b>	<b>12 November</b> Yr 12 Formal, Gibraltar Hotel	<b>13 November</b>	<b>14 November</b>
<b>Week 7</b>	<b>17 November</b>	<b>18 November</b>	<b>19 November</b> Yr 7 Showcase evening @ Bowral Cinema	<b>20 November</b>	<b>21 November</b>

## Help! Canteen volunteers needed!

The Bowral High School Canteen is a P&C run organisation which actually helps to raise money for the P&C to spend on worthwhile projects and improvements at the school. The Canteen runs under the new healthy Canteen guidelines.

The staff who run the canteen are needing some more helpers at serving times. If you are a parent or grandparent who would love to help serve our students, please contact Caroline on 48 612255 during school hours. If you would like to help out for a few hours from 11 to 2pm.

Your help would be most appreciated!



### Challenging Behaviours Collaboratively Workshops

The workshop is aimed at parents only with children diagnosed with ADHD, Oppositional Defiant Disorder (ODD), or Conduct Disorder (CD) or challenging behaviour



### Highlights

- ┌ Child development and the relationship to seriously challenging behaviours
- ┌ Looking for and identifying lost skills in AD/HD, ODD, CD.
- ┌ Parents as partners in managing behaviour
- ┌ Strategies to reduce outbursts

Presenter: Dr. Steven Walker

**This workshop is not for workers. For families only.**

Venue: Buzy-Bee Kindy 102 Merlin Street, The Oaks

Date: Thursday 5<sup>th</sup> February 2015 and every Thursday after until 26<sup>th</sup>

March 2015. Time : 6.30-8.30pm Cost: Gold coin donation.

All sessions need to be attended.

**No child care available.** To register phone Community Links Wollondilly.

Phone: (02) 46832776