



Congratulations to our Nursing students...

The Graduation for Nursing students was held at Liverpool Catholic Club on Tuesday 23 August. Graduating students from Bowral High School were Rufina Ferrer, Anna Isbester, Maddie Lockhart, Josie Prohm, and Harriet Young.

They have been studying Certificate III in Health Services Assistance (Assisting in Nursing Work in Acute Care) as part of their HSC through Bowral Hospital and are now fully qualified AIN's (Assistants in Nursing) with 135 hours of clinical practice.

Anna Isbester also received an Outstanding Achievement Award for Commitment to Peer Support and Professional Nursing.



The girls are pictured after the Graduation with their Nurse Educator, Lynn Fraser.

Congratulations on a terrific achievement!

Christine Beasley
Careers Adviser

Allergies and Anaphylaxis

Recently a student at our school experienced an anaphylactic reaction. This has highlighted the importance of ensuring that all health and safety guidelines are followed by both the school and our community.

It is important that parents notify the school if their child has an allergy and is at risk of anaphylaxis. This notification should occur either at the time of enrolment, or if the student is already enrolled, as soon after diagnosis as possible. So that the support provided by the school is effective it is important that a partnership is established between the parent and the school to share information and clarify expectations.

It is the role of the parent to:

- * promptly notify the principal or their delegated executive staff if they are aware that their child has been diagnosed as being at risk of a severe allergic reaction
- * promptly notify the principal or their delegated executive staff if the health needs of their child change
- * promptly notify the principal or their delegated executive staff if their child has a severe allergic reaction outside of school hours, at home or at another location
- * inform the principal or their delegated executive staff of any other known learning and support needs, including health care needs, disability or learning or behaviour difficulties which may impact on the management of anaphylaxis
- * assist in the development of an individual health care plan for school support of their child's health with the principal or their delegated executive and staff
- * provide the 'Severe Allergies-Information from the doctor' form to their child's doctor for completion, and return the completed form to the school
- * provide an ASCIA Action Plan for Anaphylaxis completed and signed by the doctor. A new plan is completed by the doctor each time an adrenaline autoinjector is prescribed. It is important that parents provide the school with a copy of the updated plan, or a photocopy of that plan
- * reinforce relevant aspects of the individual health care plan with their child, where practicable, for example if their child comes into contact with an allergen at school they must immediately inform a teacher and, if age appropriate, remind the child of the importance of taking their adrenaline autoinjector to school with them
- * provide the equipment and consumables for carrying out health care support as specified in the student's individual health care plan, including where relevant, the appropriate adrenaline autoinjector
- * replace the adrenaline autoinjector in a timely manner before it expires or after it has been used
- * provide written requests for the school to administer prescribed medications where necessary. For example some children are prescribed antihistamine or have other health conditions that require administration of prescribed medications
- * talk to their child about the most likely times and places they may be exposed to the allergen and how to avoid it
- * reinforce risk minimisation strategies agreed upon for the school environment with their child, as appropriate

Thank you for your assistance.

Kim Paviour
Principal

ATOM BEAR – The Musical

August 17-20 saw the world premiere of 'ATOM BEAR – The Musical'.

What made this show exceptional was that it was written and produced wholly by the teachers and students at the school. Eighteen months in the making, the script was developed by 7L (2015), the Staats Family and Mr Manojlovic (Director) and Mr Donaldson (Musical Director). The music was written and arranged by Mr Staats with lyrics co-written by Phoebe Staats.

The production was the Stage 4 Learning Project for 7L (2015), 7L (2016) and 8L (2016) and represents a rich and authentic learning project.

Year 11 Entertainment students (led by Mr Jones) supported the production, along with Luminous Entertainment (with Sam Thomas, a former BHS student); additional technical help came from William Armstrong and Brandon Hall (Year 9).

Ms White, along with students from her Year 9 Dance Elective class and Dance Sport group provided dance and choreography. Ms Ware provided wonderful assistance as vocal coach for our ensemble and leads. Costume was courtesy of Ms White, Mr Staats and Mrs Bennett.

In addition to a chorus/ensemble of 50 students, the lead roles were wonderfully executed by: Tom Hall (Durovich), Cavell Martin (Bolvanovich), Alex Paviour (Atom Bear), Olivia Tumanow and Tori Bass (Atom Girl), Angelina Petrola and Rebekah Bates (Atom Boy) and Pheobe Staats and Mikayla Graham (Miskha Bear).

Mrs Sands and the Interact Team supported the show with catering and front of house along with the Ollis Family and Mrs Bass. Fundraising support was provided by Ms Harmey and the SRC team.

The performances were brilliant and won critical acclaim.

The cast of 60 students performed to school audiences (Bowral High on 17 August and Bowral Primary and Colo Vale Primary on 19 August). There were three public performances (Friday night, Saturday matinee and Saturday night 19-20 August),

All proceeds from the musical will go to the upgrade of the audio-visual facilities in the school hall in order to support future productions.

A school musical will now be a regular feature of Bowral High School life, with a school musical scheduled for every two years.

Our huge thanks go to the parents and their children for their dedication, hard work and support of an absolutely fabulous experience for the cast and audiences alike.

A DVD and recording will be on sale later in the year.

John Staats
Deputy Principal

ATOM BEAR

The Musical Highlights



Atom Boy (Angelina Petrola) & Atom Girl (Olivia Tumonow)



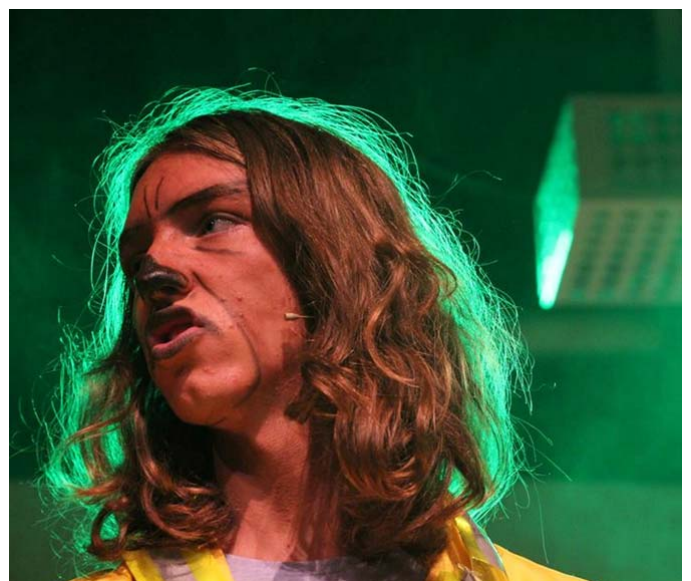
Dancing Troupe



Mishka (Phoebe Staats) & Bolvanovich (Martin Cavell)



Bolvanovich (Martin Cavell) & Durovich (Tom Hall)



Atom Bear (Alex Paviour)



The Cast

More Atom Bear Highlights



Atom Bear and Scientist (Tori Bass)



Atom Bear Splits the Atom!



'Bear Revolution'
Final Performance



Atom Bear - Curtain Call

Zone Athletics Championships

On Thursday 16 June, 100 BHS students travelled to the Australian Institute of Sport in Canberra to compete at the Zone Athletics Championships. The weather was kind and we saw some fabulous performances with more than 50 students qualifying for the South Coast Regional Athletics Championships.

Special mentions go to Kaleb Bell of Year 9, Toby Croudson of Year 11 and Matthew Vine of Year 12 who were crowned Zone Age Champions for their respective age groups.

It must also be noted that for the first time in many years, BHS did not win the overall points competition. This award went to Mulwaree High School and they are to be congratulated on their achievement.

The BHS team again travelled to Canberra on Friday 5 August. After a wet bus trip, the clouds cleared and almost perfect weather ensued.

Again, our team competed exceptionally well and produced some excellent results. 16 students have qualified for the CHS State Athletics Championships to be held at Homebush on 7-9 September.

A final congratulations and thank you goes to our Year 12 students who have competed as part of the BHS Athletics Team for the last time. We thank you for your efforts over the past six years.

Emma Marlow, Emily Rutherford, Blake Friedrich and Matthew Vine will compete for the final time as Year 12 students at the State Championships. We wish them and the following students the best of luck for the competition.

Toby Croudson	Kara Davis	Emma Else	Baila Hernandez	Seb Hernandez
Bradley Johnson	Ava Jones	Alex Martin	Taryn Rowe	Brooke Todd
Olivia Tumanow	Chad Walker			

FROM THE LIBRARY

BOOK WEEK CAME TO BOWRAL HIGH SCHOOL

From Monday 15 August, until Friday 26 August, 2016 Bowral High School Library celebrated Book Week (yes, 2 weeks).

In April each year the Children's Book Council of Australia gathers together all the books written in Australia by Australian Authors that are aimed at children 1 – 18 years of age and determines which ones deserve to be recognised with an award. There are six categories (both fiction and non-fiction) and usually six books in each category will be shortlisted. There are hundreds of books for the Children's Book Council to consider and to be shortlisted is an honour. In August of each year the winner from each category is announced. Medals and prize money are allocated to the author and if necessary, the illustrator as well.

The Children's Book Council of Australia also provides a theme for each year and this year's theme was "Australia: Our Story".

Below is a photograph of the display that Mrs Wandell and I put together to help celebrate this great event in childrens' literature.



Mrs. Bell-Mackie
Teacher Librarian

Reading is a gift to be enjoyed each and every day.

Vietnam Veterans Day

Year 10 student Duncan Reay performed the Last Post at the memorial in Settlers' Park in Bowral to commemorate Vietnam Veterans Day.

The 50th anniversary of the Battle of Long Tan was also commemorated.

Some of our Prefects and Year 10 students who were also in attendance were Natalie McLean, Alvin Herewan, Ema Kobayakawa, Alex Paviour and Bronte Everingham.



***** Parent Information Evening *****

Monday 12 September 5.30 - 6.30pm
Bowral High School Library
(Park Road entrance)

- **Post-School Destinations (Christine Beasley)**
- **Study Skills and Tips (Linda Langton)**

This will be relevant for Year 11 and 12 students and their parents.

Some Calendar Dates for Term 3 & Term 4 2016

Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
Week 8	5 September HSC Music Compositions/Essays due	6 September	7 September	8 September Formal Assemblies All Abilities Sport	9 September
Week 9	12 September	13 September Year 11 Exams HSC Music 1 Practical Exam	14 September Year 11 Exams HSC Music 2 Practical Exam	15 September Year 11 Exams	16 September Year 11 Exams
Week 10	19 September Year 11 Exams	20 September Year 8 History Day	21 September P & C Meeting Year 12 Graduation 7pm Hall	22 September All Abilities Sport Year 12 Final Assembly and Jamboreo Trip	23 September Last Day Term 3
Week 1	10 October 1st Day Term 4	11 October	12 October	13 October All Abilities Sport	14 October