

Bowral High School

Exceptional learning opportunities for all

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ACTIVITY WEEK 2018

Dear Parent/Caregiver,

An activities period for students will be held at the end of Term 4 from 17th December until 19^h December 2018.

The aim of Activity Week is to provide an opportunity for students to broaden their educational and leisure experiences and to build positive relationships, in a less formal setting with each other and their teachers. These opportunities do not always occur within normal school routine.

Activity Week is a component of the school curriculum and students in all years are expected to participate.

It is a requirement of the Department of Education that students MUST attend school everyday. Students that DO NOT participate in an activity are required to be at school. Classes will be run for students that do not wish to take part in an activity.

Your child is asked to make 3 selections from the activities outlined below. We will endeavour to place your child into their selection, however, you will appreciate this may not always be possible. The following criteria will be used to determine placement into an activity:-

- Prompt return of the student preference sheet may ensure entry into the ballot;
- Payment of the non-refundable deposit;
- Students with a large outstanding fees account balance may not be accepted into an activity requiring additional payment until outstanding fees are paid.
- The school year of the child

Payment of a **NON refundable deposit** of approximately **one third of the total cost** paid on the date below will secure their position in the activity.

Term 2

Week 6 Activity Week information booklets distributed.
Week 8 Return Student Preference sheet to Finance Office to reserve your place
Week 9 **PAY non-refundable deposit** to the Finance Office to secure your place.
Monday – 25 June Camping & Overnight Stay Activities
Tuesday, Wed, Thurs, Fri – All other activities
NO CHANGES and NO REFUNDS*

Term 3

Week 3 2nd Installment due (25% of total cost)
Week 6 3rd Installment due (25% of total cost)
Week 10 Final payment due (balance of total cost)

NOTE: Students selecting water-based activities will need to pass an appropriate water proficiency test before being allowed to participate. Because of the need to book transport and accomodation refunds will only be given under VERY EXCEPTIONAL circumstances.

Jason Conroy
Principal

Tim Flaus
Activity Week Coordinator

Bowral High School - Activity Week 2018

CAMPING & OVERNIGHT STAY ACTIVITIES (Select one only)				
No.	Activity	Teacher in charge	Approx. Total Cost*	Non-refundable Deposit
1	Snorkeling: Yrs 8,9,10 & 11 only	Mr Flaus	\$180	\$80
2	Kangaroo Valley Safari	Mr Y Cox	\$200	\$100
3	Le Tour / Cycle Touring	Mr Langdon	\$300	\$100
4	Shoalhaven River Adventures	Mr Hawker	\$260	\$150
FULL-DAY ACTIVITIES (Select one only – no overnight stays)				
5	Golf in the Southern Highlands	Mr Davey	Pay on the day	Nil
6	Surfing Safari	Mr Fisher	\$120	\$75
7	Fun & Games	Mr Camarsh	\$100	\$50
8	Warhammer, Gaming and XBox	Mr Kolednik	Nil	Nil
9	Parkour	Mr Murray	\$150	\$75
10	Visual Arts	Mrs Young	\$50	Nil
11	Star Wars Movie Marathon	Ms Sutton	\$15	\$20
12	Explore your Backyard	Mr Hayden	Pool Entry	Nil
13	Future Writers Camp	Mrs Schroder	Nil	Nil
14a	RSA - can be selected with RCG and/or First Aid	Mrs Beasley	\$120	\$50
14b	RSG - can be selected with RCA and/or First Aid	Mrs Beasley	\$80	\$50
14c	First Aid - can be selected with RCG and/or RSA	Mrs Beasley	\$140	\$50
15	Ladies that Lunch	Mrs Hook	\$140	\$70
16	Anime Fest	Ms MacDonald	\$30	\$15
17	Board Games and Origami	Mrs Mauger	\$10	\$10
HALF-DAY ACTIVITIES (you can select the same or a different am and pm activity for the four days)				
18am	Morning Sport and Swim	Various	Pool Entry	Nil
18pm	Afternoon Sport and Swim	Various	Pool entry	Nil
19am	The Great Christmas Bake Off	Ms Morthorpe	\$25	\$10
20pm	Yarn for Charity	Mrs Kelly	Nil	Nil
21am	Silver Jewellery Making	Mrs Kaulfline	\$55	\$25
22am	Classroom Learning	Various	Nil	Nil
22pm	Classroom Learning	Various	Nil	Nil

*All costs are indicative of the final cost. Cost may change due to circumstances beyond the school's control. Final costs will be published in the Parent Permission Notes distributed in Term 3.

CAMPING & OVERNIGHT STAY ACTIVITIES

Select one only

Activity No. 1 Snorkeling



\$180

Mr Flaus

Years 8, 9, 10 & 11 only

This course will be conducted by “Deep6 Diving” of Huskisson. It will involve three half-days of instruction and practice at recognised snorkeling sites within Booderee National Park. On the 3rd morning we will be transported by boat to the “Nursery” off Bowen Island where our final dive will be conducted. We will camp for 2 nights at Bristol Point, therefore camping, cooking equipment and food is essential. Additional activities such as bushwalking, sightseeing, fishing, beach games & swimming will be organised.

Numbers in this activity are limited. Preference given, but not limited, to older students.

Activity No. 2 Kangaroo Valley and Jervis Bay Safari



\$200

Mr Cox

Spend three days exploring the natural beauty of Kangaroo Valley and Jervis Bay. Adventure activities including a guided canoe safari, bush walk, and cycle tour around the shores of Jervis Bay. Accommodation will be in air-conditioned cabins at Glenmack Tourist Park.

Cost:\$200 includes;

- Bus transport to and from school and to all activities.
- Guided canoe safari, bush walk and cycle tour including all equipment hire fees
- Air-conditioned cabin accommodation at Glenmark Tourist Park

Activity No. 3 Le Tour - The Grand Tour of the Southern Tablelands



\$300

Mr Langdon

Numbers in this activity are limited.

This activity encompasses all the splendor and effort associated with four days cycling from Bowral to the nation’s capital, Canberra. “The tour” takes place in four stages including memorable venues such as Wombeyan Caves, Taralga, Crookwell, Gunning and Gundaroo. A reasonable level of training and fitness is expected of the riders. Each day requires cyclists to ride between 70-80km. Mountain bikes only; a support vehicle will accompany the riders. Years 9, 10 & 11 girls and boys welcome. Students will need to provide their own meals (carried by the support vehicle). All riders will have to satisfy requirements including – reliable conduct and suitable preparation. Students must be prepared to camp overnight. Cost includes a custom cycling top.

Activity No. 4
Shoalhaven River
Adventure



\$260




Price based on 20 students

Mr Hawker

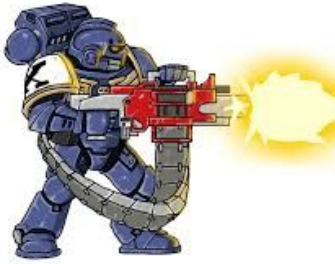
Open to students in years 9-11 only.

After a 5 year absence Shoalhaven River Adventures a.k.a Wakeboarding and Skiing is back! Students will be staying at the Shoalhaven Ski Park in Nowra while they participate in waterskiing and wakeboarding along the Shoalhaven River. This course will be conducted by “Walking on Water”. Students will need to organise their own tents, camping and cooking gear as well as lunch for the first day and breakfast and dinner for the following days.

FULL-DAY ACTIVITIES
Select one only – no overnight stays

<p><u>Activity No. 5</u> Golf in the Southern Highlands</p> <p>Pay on the day</p>  <p align="center">\$50</p> <p align="center">Mr Davey</p>	<p>This activity involves four days of golf to be played at local courses. All green fees will be paid on the day. It is estimated that the 3 days should cost no more than a total of \$50. However, this cost may change slightly depending on the need to hire clubs or green fees changing prior to playing. Students will need to have their own transport to and from the courses, details of which will be advised later. Please note that there is a minimum dress requirement. Tailored shorts, collared shirt and socks above the ankle are required. Students will be required to follow all the rules of the golf course and will be expected to follow golf etiquette.</p>
<p><u>Activity No. 6</u> Surfing Safari - Learn to Surf</p>  <p align="center">\$150</p> <p>Numbers in this activity are limited.</p> <p align="center">Mr Fisher</p>	<p>Learn or improve your surfing. This is a surfing program for all abilities. Students are provided with all necessary equipment and qualified instruction to learn surfing skills for the first time or improve existing surfing skills. You will be up and surfing in three days!! Transport daily by teachers cars using private vehicles.</p>
<p><u>Activity No. 7</u> Fun & Games</p>  <p align="center">\$100</p> <p align="center">Mr Camarsh</p>	<p>3 days of fun activities.</p> <p>Day 1 - Travel in coach comfort to Macarthur Square to spend a day out with friends. A perfect opportunity to finalise your Christmas shopping!</p> <p>Day 2 - Start with a leisurely stroll into town to see a new release movie at the Empire cinema. Afterwards, beat the heat with a swim in the pool a short walk away. What a great way to spend a day - movie and pool!</p> <p>Day 3 - Jamberoo action park!! Need we say more? Cap off activity week with a thrilling ride on The Perfect Storm and The Funnel Web or cool off in the rapid river. Take a chairlift up to the bobsled or just hang out with friends. You control the action!</p>

Activity No. 8
**Warhammer Games
and Xbox Gaming**



Mr Kolednik

Warhammer involves students and teachers with any models of an army or armies that will battle each other in various battle scenarios. Students who wish to learn about this are welcome to join. Xbox involves using Xbox machines and games. Students will be in separate rooms depending on the rating of the games. Students interact between each other depending on the interest of their games.

Activity No. 9
Parkour

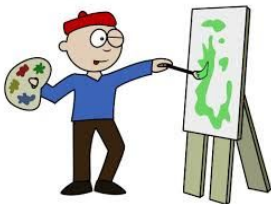


\$150

Mr Murray

Participants will attend three days of workshops at the Australian Academy of Parkour, Exercise and Self-Defense (AAPES). Activities will include training in basic parkour skills, training bails and spacial awareness for safety, as well as lots of fun games and competitions. Trained professionals who regularly work with students from other schools will teach you the parkour philosophy of altruism and useful strength, longevity, self-improvement and self-understanding. Parkour is as much a mental discipline as it is a physical one.

Activity No. 10
**Visual Arts
Workshop**



\$50

+ train fare and lunch on
day one

Mrs Young

HSC Visual Arts students are invited to attend a 4 day workshop.
Day 1 – Trip to Sydney to view the Brett Whitely Studio
Day 2 – Clay workshop with guest artist to produce a large artwork in preparation for HSC body of work
Day 3 – Continue working on large work, adding finishing touches.
Day 4 - S&S Wholesale Materials Workshop
Year 11 students only

Activity No. 11
**Star Wars Movie
Marathon**



\$15

Ms Sutton

Want a relaxing way to end the year? Come and binge watch all episodes of Star Wars episodes 1-8. Happy to discuss the order of viewing with the group - hope to see you there! Bring your own lightsaber. May the FORCE be with you!!!!

Activity No. 12

Explore your Backyard



Swimming Pool Entry

Mr Hayden

We love travel and adventure, but how often do we explore our own backyard? Each day we will walk to some local landmarks and cool off at Bowral swimming pool in the afternoon. Highlights include Mount Gibraltar lookouts, Gibbergunyah reserve and the Erith coal mine track. Summer bush walks and swimming - enjoy a great Australian tradition.

Activity No. 13

Future Writers Camp



Mrs Schroder

All interested students currently in year 10 and year 11 are invited to spend three days exploring their creative voice through a range of intensive writing activities. An ebook of pieces will be published at the end of the week.

Activity No. 14

RSA, RCG, First Aid



**\$120 RSA, \$80 RCG,
\$140 First Aid**

Mrs Beasley

An accredited course will be run each day during Activity Week to assist students gain qualifications to improve their employability.
Responsible Service of Alcohol (RSA) - required when working in establishments where alcohol is served.
Responsible Conduct of Gambling (RCG) - required when working where gambling is conducted.
First Aid may be required for some occupations and can also be used to gain additional payment as a Safety Officer in some workplaces.

Activity No. 15

Ladies that Lunch



\$80

(some activities to be paid on the day approx \$60)

Mrs Hook

Day 1: Drive in to Bowral for a manicure and/or pedicure at Jay Nail and Beauty (morning) followed by a High Tea at Dirty Janes Tea Salon (Afternoon), return to school.
Day 2: Drive to Moss Vale for a make-up and skin care tutorial at Iris Skin and Beauty, return to Bowral for lunch and a movie at the Empire Cinema; return to school.
Day 3: Trip to the city. Meet at Bowral train station, catch train to St James Station-visit The Sydney Tower Eye-lunch in the Myer Centre-Madame Tussauds-return to Bowral train station

Activity No. 16

Anime Fest

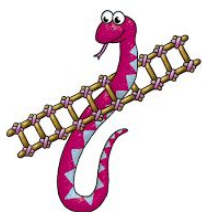


\$30

Ms MacDonald

Love anime and Japanese food? This is the Activity Week choice for you!
Day 1: Anime drawing masterclass, Make an Obentou lunchbox and eat, Watch Summer Wars (PG)
Day 2: It's a Studio Ghibli day. View My Neighbour Totoro, Make Okonomiyaki + Yakisoba + Teriyaki snack dishes, Finish with Howl's Moving Castle
Day 3: View the 2016 worldwide hit Your Name, Walk down/back to the Sushi Train in Bowral

Activity No. 17
Board Games and Origami







\$10

Mrs Mauger

Play a variety of board and card games of your choice and learn how to make a range of origami creatures and patterns. All materials supplied.

HALF-DAY ACTIVITIES

<p><u>Activity No. 18</u> Sports & Swimming</p>  <p>Various</p>	<p>Spend your mornings or afternoons playing a variety of sports. Sports may include tennis, basketball, table tennis Frisbee etc. Enjoy a cooling swim at Bowral Public Pools. Sports on offer will depend on the interests and abilities of the students participating. Choose either or both the morning or afternoon offerings.</p>
<p><u>Activity No. 19</u> The Great Christmas Bake Off</p>  <p>\$25</p> <p>Ms Nelson</p>	<p>Create, Bake and Decorate a yummy gingerbread house and an assortment of other delicious treats ready for Christmas. YUMMMMM!!!!</p>
<p><u>Activity No. 20</u> Yarn for Charity</p>  <p>Mrs Kelly</p>	<p>Students will make knitted or crochet squares that will be assembled to form blankets for charity.</p>
<p><u>Activity No. 21</u> Silver Jewellery Making</p>  <p>\$55</p> <p>Mrs Kaufline</p>	<p>Learn to make jewellery in silver with Mrs Kaufline and Mr McMurray. Make a bangle, a ring and a pendant.</p>

Activity No. 22
Classroom Learning



A special program of lessons provided for students who would like to continue with classroom based learning activities. Lessons will be provided in each key learning area over the three days of activity week.

Bowral High School

Activity Week 2018

Student Selection Sheet

Return this sheet to the FINANCE OFFICE from **Week 7 Monday 11th June**

1. Indicate in order three preferences for your Activity Week
2. Enter the number of the activity and the name of the activity
3. Read the requirements, condition and costs for the activity before signing.
4. Students will be notified of their selection in **week 8**. For oversubscribed activities a selection process or ballot may be required.
5. Use the separate **Student DEPOSIT Sheet** to pay the non refundable deposit in **week 9**. Payments will be accepted from **Monday 25th June** for Overnight activities and **Tuesday 26th of June** for all other payments.
6. Some activities may be oversubscribed. A student's position in an activity will be held until the end of week 9 29th June. If payment of the non refundable deposit is not received by the end of week 9 the students position in the activity may be offered to other students.
7. Contact the specific activity organiser if you have any questions.

Surname: _____ First Name: _____ Year: _____ Roll: _____

Choice	Activity Number	Name of Activity
First		
Second		
Third		

I acknowledge that my child may attend one of the above. I am aware of the costs involved and understand that a non refundable deposit will need to be paid in order to secure my child's place in the activity.

Parent / Caregiver Signature

Bowral High School

Activity Week 2018

Student DEPOSIT Sheet

Return this sheet along with your payment of the deposit to the FINANCE OFFICE in week 8

Surname: _____ First Name: _____ Year: _____ Roll: _____

★CAMPING & OVERNIGHT STAY ACTIVITIES OR FULL DAY ACTIVITIES

Return this completed form, along with the non-refundable deposit, to the Finance Office from Monday 25th June for camping and overnight activities and from Tuesday 26th June for all other activities. BE QUICK ACTIVITIES FILL FAST.

Activity No: _____ Name of activity _____ Total Cost: \$ _____
Deposit: \$ _____

★HALF-DAY ACTIVITIES

non-refundable deposit, to the Finance Office as soon as possible from Tuesday 26th June.

Choose an am **AND** a pm activity. To work out the cost add the am activity cost to the pm activity cost.

AM Activity No: _____ Name: _____ Cost \$ _____
PM Activity No: _____ Name: _____ Cost \$ _____

Total Cost: \$ _____
Deposit included: \$ _____

Permission Notes and other information will be sent home closer to the activity.

☑ I have read and accept the refund policy as outlined in this information booklet. My child has permission to make this Activity Week selection.

Parent / Caregiver